ast Updated October 5th, 2023.			
	METRO EAST		

2023 - 2024 Player Evaluation and Team Selection Process

Important Reminders:

- The Player Evaluation and Team Selection process will be conducted by each Division's (U9, U11, U13, U15 and U18) Evaluation Team which will include MEIFHA Vice-President Hockey Operations, the MEIFHA Division Coordinator or acting Division Coordinator, Coaching Staff (if appointed) and Independent Evaluators.
- The Player Evaluation and Team Selection process will afford players the chance to show their abilities in a number of situations. While skill is a premium, the ability to be competitive, play consistently, with hockey sense, and be effective in games is very important. Evaluators will use criteria adopted from Hockey Canada with consideration given to the variety of categories that are to be assessed. Players will be scored based on their performance on the ice and their respective Coaches for the Team/Category will have final decision on roster spots. The role of the Independent Evaluators is to assess the players impartially to assist MEIFHA in ensuring that everyone lands in an appropriate category of play for their ability.
- Any inquiries during and/or after the Player Evaluations & Team Selections must be addressed to the MEIFHA Division Coordinators within (4) days of Team Selection. No Coach, Evaluator, Assistant or Executive member will entertain any concerns related to individual players. No phone calls or emails will be accepted until 24 hours have passed from the time of the placement posting or player release notification. Please respect our twenty-four (24) hour rule

Important Cont	acts:					
U7/U9	Bronwyn DesLaurier	s <u>U9@metroeast</u>	<u>inferno.ca</u>			
U11	Collen Mitchell	U11@metroeas	U11@metroeastinferno.ca			
U13	Scott Wadden	U13@metroeas	tinferno.ca			
U15	Dave MacNeil	U15@metroeas	tinferno.ca			
U18	Chris Cormier	U18@metroeas	tinferno.ca			
VP Hockey	Mike McLeod	vphockey@me	vphockey@metroeastinferno.ca			

U7 First Practices

U7 First Practices									
Day	Date	Start Time	End Time	Age Group	Session Type	Level	Group / Team	Rink	
Sunday	1-Oct-23	2:30 pm	3:30 pm	U7	practice	U7	-	CHP - Scotia 2	
Saturday	7-Oct-23	12:30 pm	1:30 pm	U7/U11 C	shared practice	U7	-	CHP - Scotia 2	
Sunday	8-Oct-23	2:30 pm	3:30 pm	U7	practice	U7	-	CHP - Scotia 2	
Saturday	14-Oct-23	12:30 pm	1:30 pm	U7/U9 Int	Practice	U7	-	CHP - Scotia 2	
Sunday	15-Oct-23	1:00 pm	2:00 pm	U7/U9 Dev	shared practice	U7	-	RBC-B	
Saturday	21-Oct-23	11:00 am	12:00 pm	U7/U9 Int	shared practice	U7	-	RBC-C	
Sunday	22-Oct-23	2:30 pm	3:30 pm	U7/U9 Dev	shared practice	U7	-	CHP - Scotia 2	
				U7/U9	Bronwyn DesLauriers		U9@metroeastinferno.ca		

U9 Evaluation & Balancing

Players will be assigned numbers with safety pins (2 the same, one for the front and one for the back), provided at the first session (available at check-in anytime if you miss the first evaluation).
Each player will have 3 Evaluation sessions. Your player will keep their number until after the final session. Each player is expected to arrive with this

number in place for every session.

Please wear a plain jersey, 'non-special team' socks or jerseys, (ie: no Spring teams). At the last evaluation session, we'd appreciate it if you could please drop the numbers and pins in the bag (or box) as you exit so we can reuse them next season.

U9									
Date	Start Time	End Time	Age Group	Session Type	Level	Group / Team	Rink		
1-Oct-23	12:15 pm	1:15 pm	U9	Evaluation	Dev /Int	A - H	RBC-D		
1-Oct-23	1:15 pm	2:15 pm	U9	Evaluation	Dev /Int	I - Z	RBC-D		
YERS will now b	e assigned to G	roup 1 and Grou	p 2 based on th	e first evaluation	sessions. Lists	posted by noon	2-Oct-23		
7-Oct-23	11:00 am	12:00 pm	U9	Evaluation	Dev /Int	Group 1	RBC-C		
7-Oct-23	12:00 pm	1:00 pm	U9	Evaluation	Dev /Int	Group 2	RBC-C		
Pla	ayers MAY be mo	oved between G	roup 1 and Grou	ıp 2. Lists posted	l by 10 pm 7-Oc	t-23.			
8-Oct-23	3:30 pm	4:30 pm	U9	Evaluation	Dev /Int	Group 1	CHP-Scotia		
8-Oct-21	4:30 pm	5:30 pm	U9	Evaluation	Dev /Int	Group 2	CHP-Scotia		
PI	ayers will be ass	signed to teams	posted on the	website no later t	han noon 9-Oct	-23.			
begin on 13-Oct-	-23								
14-Oct-23	12:30 pm	1:30 pm	U7/U9 Int	Practice	Intermediate	Named Team	CHP - Scotia		
14-Oct-23	1:30 pm	2:30 pm	U9 Dev	Practice	Development	Named Team	CHP - Soctia		
15-Oct-23	12:00 pm	1:00 pm	U9	Practice	Intermediate	Named Team	RBC-B		
15-Oct-23	1:00 pm	2:00 pm	U9/U7	shared practice	Development	Named Team	RBC-B		
21-Oct-23	11:00 am	12:00 pm	U7/U9 Int	shared practice	Intermediate	Named Team	RBC-C		
21-Oct-23	12:00 pm	1:00 pm	U9	Practice	Development	Named Team	RBC-C		
22-Oct-23	11:00 am	12:00 pm	U9	Practice	Intermediate	Named Team	RBC-C		
22-Oct-23	2:30 pm	3:30 pm	U7/U9 Dev	shared practice	Development	Named Team	CHP - Scotia		
re expected to b	e Saturdays/Sur	idays and some	times one share	d practice during	the week. Sta	y tuned!			
			U7/U9	Bronwyn DesLa	uriers	U9@metroeasti	nferno.ca		
	1-Oct-23 1-Oct-23 YERS will now b 7-Oct-23 7-Oct-23 8-Oct-21 Pl begin on 13-Oct- 14-Oct-23 15-Oct-23 21-Oct-23 21-Oct-23 22-Oct-23 22-Oct-23	1-Oct-23	1-Oct-23	Date Start Time End Time Age Group 1-Oct-23 12:15 pm 1:15 pm U9 1-Oct-23 1:15 pm 2:15 pm U9 YERS will now be assigned to Group 1 and Group 2 based on the To-Oct-23 11:00 am 12:00 pm U9 7-Oct-23 12:00 pm 1:00 pm U9 Players MAY be moved between Group 1 and Group 2 based on the May 1:00 pm U9 8-Oct-23 3:30 pm 4:30 pm U9 8-Oct-21 4:30 pm 5:30 pm U9 Players will be assigned to teams, posted on the May 1:00 pm U9 Degin on 13-Oct-23 1:30 pm 1:30 pm U7/U9 Int 14-Oct-23 1:30 pm 1:30 pm U9 Dev 15-Oct-23 1:00 pm 1:00 pm U9 15-Oct-23 1:00 pm 1:00 pm U9/U7 21-Oct-23 12:00 pm 1:00 pm U9 22-Oct-23 11:00 am 12:00 pm U9 22-Oct-23 2:30 pm 3:30 pm U7/U9 Dev	Date Start Time End Time Age Group Session Type 1-Oct-23 12:15 pm 1:15 pm U9 Evaluation 1-Oct-23 1:15 pm 2:15 pm U9 Evaluation YERS will now be assigned to Group 1 and Group 2 based on the first evaluation 7-Oct-23 11:00 am 12:00 pm U9 Evaluation 7-Oct-23 12:00 pm 1:00 pm U9 Evaluation Players MAY be moved between Group 1 and Group 2. 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U11 - U18 MEIFHA Policy #19.0 PLAYER EVALUATION PROCESS & TEAM SELECTION PROCESS

Players will be provided with numbered pinnies available at check-in. These will be a player's unique number throughout the evaluation process so it is very important they bring it to each and every session they are asked to attend. Pinnies will be collected once teams have been assigned. (There is a \$25 fee for lost or unreturned pinnies).

Players may be told to wear the WHITE side or the DARK side out (pinnies are reversible). Players should bring their own DARK and WHITE jerseys to wear underneath their pinnies. NO YELLOW JERSEYS PLEASE! Please note: Players are not to wear any pant covers or 'special team' socks or jerseys, (ie: no Spring teams).

Players/Goalies are expected to attend all of their assigned Evaluation sessions.

AAA' & 'AA' Player Evaluation consists of skills session(s) and intra-squad game(s) to determine 'AAA' & 'AA' team placement. Intra=squad 'Game 1' and 'Game 2' (etc.) lineups will be based upon scores from the 'Skills' sessions to divide the players into groups so all players are given an opportunity to compete. Players may be released following each intra-squad game.

Released players will attend their next evaluation session at 'AA' (U13/U15) or 'A' (U11-U18), or 'C' (U11-U13). All notification will be made by way of our website. Once updated lists have been posted, an email will be sent to the membership containing a link to the Evaluations page.

'A' & 'C' level balancing consists of intra-squad games. Balancing is the process whereby players are evaluated so that multiple teams within a division are given equal opportunity to compete. Balancing is essential to ensure all players have similar experiences throughout the season. and will occur at any level with sufficient numbers and skill to warrant multiple teams within our association.

MEIFHA will strive to adhere to our policy of team selection announcements no later than noon the day following the final evaluation session. If unforeseen circumstances delay any team annoucement (inclement weather, power outages, etc.), we will do our best to notify all involved of the delay along with the new expected announcement date.

U11										
Day	Date	Start Time	End Time	Age Group	Session Type	Level	Group / Team	Rink		
Wednesday	27-Sept-23	7:00 pm	8:30 pm	U11/U13	Skills	U11AA/U13AA	GOALIE LIST	ZSA		
Saturday	30-Sept-23	11:00 am	12:00 pm	U11	Skills	AA	posted list	RBC-A		
Saturday	30-Sept-23	12:00 pm	1:00 pm	U11	Skills	AA	posted list	RBC-A		
	ALL AA Hope	fuls assigned to	AA Intrasquad	1 or Intrasquad	2 from Skills. Lis	ts posted by 10	pm 30-Sept-23.			
Saturday	30-Sept-23	2:30 pm	3:30 pm	U11/13 C	shared practice	С	C Registrants	CHP-Scotia 2		
Sunday	1-Oct-23	11:00 am	12:00 pm	U11	Intrasquad 1	AA	posted/TBA	RBC-B		
Sunday	1-Oct-23	12:00 pm	1:00 pm	U11	Intrasquad 2	AA	posted/TBA	RBC-B		
		Rele	ases to A and C	begin. Lists pos	sted by noon 2-0	ct-23.				
Wednesday	4-Oct-23	7:00 pm	8:30 pm	U11	Intrasquad	AA	posted/TBA	ZSA		
		R	eleases to A and	d C. Lists posted	by noon 5-Oct-	23.				
Friday	6-Oct-23	6:15 pm	7:15 pm	U11	Intrasquad	AA	posted/TBA	RBC-A		
		Final release	s to A and C. U	11 AA NAMED. L	ists posted by n	oon 7-Oct-23.				
Saturday	7-Oct-23	12:30 pm	1:30 pm	U11/U7	shared practice	С	C Registrants	CHP-Scotia 2		
Saturday	7-Oct-23	1:30 pm	2:30 pm	U11	practice	AA	Named Team	CHP - Scotua 2		
Sunday	8-Oct-23	5:30 pm	6:30 pm	U11	Intrasquad	A/C	posted list/TBA	CHP-Scotia 2		
U11 A and U11 C NAMED. Lists posted by 10 pm 8-Oct-23.										
Monday	9-Oct-23	4:30 pm	6:00 pm	U11	practice	Α	Named Team	CHP-Scotia 1		
Wednesday	11-Oct-23	5:00 pm	6:00 pm	U11	practice	С	Named Team	Shearwater		
				U11	Collen Mitchell		U11@metroeast	tinferno.ca		

U11 - U18 MEIFHA Policy #19.0 PLAYER EVALUATION PROCESS & TEAM SELECTION PROCESS

Players will be provided with numbered pinnies available at check-in. These will be a player's unique number throughout the evaluation process so it is very important they bring it to each and every session they are asked to attend. Pinnies will be collected once teams have been assigned. (There is a \$25 fee for lost or unreturned pinnies).

Players may be told to wear the WHITE side or the DARK side out (pinnies are reversible). Players should bring their own DARK and WHITE jerseys to wear underneath their pinnies. NO YELLOW JERSEYS PLEASE! Please note: Players are not to wear any pant covers or 'special team' socks or jerseys, (ie: no Spring teams).

Players/Goalies are expected to attend all of their assigned Evaluation sessions.

AAA' & 'AA' Player Evaluation consists of skills session(s) and intra-squad game(s) to determine 'AAA' & 'AA' team placement. Intra=squad 'Game 1' and 'Game 2' (etc.) lineups will be based upon scores from the 'Skills' sessions to divide the players into groups so all players are given an opportunity to compete. Players may be released following each intra-squad game.

Released players will attend their next evaluation session at 'AA' (U13/U15) or 'A' (U11-U18), or 'C' (U11-U13). All notification will be made by way of our website. Once updated lists have been posted, an email will be sent to the membership containing a link to the Evaluations page.

'A' & 'C' level balancing consists of intra-squad games. Balancing is the process whereby players are evaluated so that multiple teams within a division are given equal opportunity to compete. Balancing is essential to ensure all players have similar experiences throughout the season. and will occur at any level with sufficient numbers and skill to warrant multiple teams within our association.

MEIFHA will strive to adhere to our policy of team selection announcements no later than noon the day following the final evaluation session. If unforeseen circumstances delay any team annoucement (inclement weather, power outages, etc.), we will do our best to notify all involved of the delay along with the new expected announcement date.

U13									
Day	Date	Start Time	End Time	Age Group	Session Type	Level	Group / Team	Rink	
Monday	18-Sept-23	6:15 pm	7:15 pm	U13/U15	Skills	U13AAA/U15AA	GOALIE LIST	RBC-A	
Thursday	21-Sept-23	5:30 pm	7:00 pm	U13	Skills	AAA	posted list	RBC-A	
Thursday	21-Sept-23	7:00 pm	8:30 pm	U13	Skills	AAA	posted list	RBC-A	
	ALL AAA Hope	efuls assigned to	AAA Intrasqua	d 1 or Intrasqua	d 2 from Skills. L	ists posted by ı	noon 22-Sept-23.		
Saturday	23-Sept-23	12:00 pm	1:00 pm	U13	Intrasquad 1	AAA	posted/TBA	RBC-A	
Saturday	23-Sept-23	1:00 pm	2:00 pm	U13	Intrasquad 2	AAA	posted/TBA	RBC-A	
	Releas	es to AA Intrasq	uad games or A	Balancing or C	begin. Lists pos	ted by 10 pm 23	-Sept-23.		
Sunday	24-Sept-23	1:30 pm	3:00 pm	U13	Intrasquad	AAA	posted/TBA	RBC-B	
	Rele	eases to AA Intra	asquad games o	r A Balancing o	C. Lists posted	by 10 pm 24-Se	pt-23.		
Monday	25-Sept-23	6:15 pm	7:15 pm	U13	Intraqad	AAA	posted/TBA	RBC-A	
	Final releases	s to AA Intrasqua	ad game, A Bala	ncing or C. U13	AAA NAMED. Li	sts posted by n	oon 26-Sept-23.		
Wednesday	27-Sept-23	7:00 pm	8:30 pm	U11/U13	Skills	U11AA/U13AA	GOALIE LIST	ZSA	
Thursday	28-Sept-23	7:30 pm	8:30 pm	U13	Skills	AA	joining at AA, list	RBC-A	
Thursday	28-Sept-23	8:00 pm	9:00 pm	U13	practice	AAA	Named Team	ZSA	
Saturday	30-Sept-23	2:30 pm	3:30 pm	U11/13 C	shared practice	С	C Registrants	CHP-Scotia 2	
Saturday	30-Sept-23	1:00 pm	2:00 pm	U13	Intrasquad 1	AA	posted/TBA	RBC-A	
Saturday	30-Sept-23	2:00 pm	3:00 pm	U13	Intrasquad 2	AA	posted/TBA	RBC-A	
		Releases t	o A Balancing o	r C begin. Lists	posted by 10 pm	30-Sept-23.			
Sunday	1-Oct-23	3:30 pm	5:00 pm	U13	Intrasquad	AA	posted/TBA	CHP-Scotia 2	
		Releases to AA Ir	ntrasquad game:		r C. Lists posted	_	23.		
Tuesday	3-Oct-23	6:00 pm	7:00 pm	U13	Intrasquad	AA	posted/TBA	Shearwater	
		Final releases to	A Balancing or	C. U13 AA NAMI	ED. Lists posted	by noon 4-Oct-	23.		
Thursday	5-Oct-23	7:00 pm	8:00 pm	U13	Intrasquad	А	posted/TBA	RBC-B	
				oosted by 4pm 6	-Oct-23.				
Friday	6-Oct-23	6:30 pm	8:00 pm	U13	practice	AA	Named Team	ZSP	
Saturday	7-Oct-23	1:00 pm	2:00 pm	U13	Intrasquad	А	posted/TBA	RBC-C	
					s posted by 10 p			_	
Sunday	8-Oct-23	1:30 pm	3:00 pm	U13	practice	AA	Named Team	RBC-B	
Sunday	8-Oct-23	3:30 pm	5:00 pm	U13	practice	Α	Named Team	ZSA	
Sunday	8-Oct-23	5:00 pm	6:00 pm	U13	Intrasquad	С	posted/TBA	ZSA	
	0.5				d by 10pm 8-Oc				
Monday	9-Oct-23	6:00 pm	7:00 pm	U13	practice	C Fire	Named Team	Shearwater	
Monday	9-Oct-23	5:15 pm	6:15 pm	U13	practice	C Ice	Named Team	RBC-A	
Monday	9-Oct-23	6:15 pm	7:15 pm	U13	practice	AA	Named Team	RBC-A	
				U13	Scott Wadden		U13@metroeast	interno.ca	